WHAT IS CLAIMED IS:

- 1. A patch for tooth whitening, comprising a tooth-adhering layer (1) containing erodible polymer complexes formed by hydrogen bonding of a polymer with a carboxyl group (-COOH) and a polymer with a carbonyl group (-C=O) or ether group (-O-) and a tooth whitening agent; and an erosion rate-controlling layer (2) containing a mixture of a hydrophilic polymer and a film-forming polymer.
- 2. The patch as set forth in claim 1, wherein, in the tooth-adhering layer, the polymer with the carboxyl group is selected from the group consisting of polyacrylic acid, polymethacrylic acid, (meth)acrylic acid, a (meth)acrylic acid copolymer (Eudragit L, Eudragit S, Kollicoat P), a poly alkyl vinyl ether-maleic acid copolymer, alginic acid and hyaluronic acid; and the polymer with the carbonyl group or ether group is selected from the group consisting of polyvinylpyrrolidone, polyethylene oxide, polypropylene oxide and a polypropylene oxide-polyethylene oxide copolymer.
- 3. The patch as set forth in claim 2, wherein the polymer with the carboxyl group is the (meth)acrylic acid copolymer, and the polymer with the carbonyl group or ether group is the polyvinylpyrrolidone.
- 4. The patch as set forth in claim 1, wherein the content of the polymer with the carboxyl group ranges from 1% to 10% by weight; and the content of the polymer with the

carbonyl group or ether group ranges from 40% to 80% by weight, based on a total dry weight of the tooth-adhering layer.

- 5. The patch as set forth in claim 1, wherein, in the erosion rate-controlling layer, the hydrophilic polymer is 5 hydroxypropyl cellulose, and the film-forming polymer is a (meth)acrylic acid copolymer.
- 6. The patch as set forth in claim 1, wherein the content of the hydrophilic polymer ranges from 10% to 60% by weight; and the content of the film-forming polymer ranges from 5% to 65% by weight, based on a total dry weight of the erosion rate-control layer.
- 7. The patch as set forth in claim 3, wherein the (meth)acrylic acid copolymer is selected from the group consisting of Eudragit L (methacrylic acid: 15 methacrylate= 1:1, Rohm Pharma Company), Eudragit (methacrylic acid: methyl methacrylate= 1:2, Rohm Pharma Company), Eudragit L 100-55 (methacrylic acid: ethyl acrylate= 1:1, Rohm Pharma Company), and Kollicoat MAE (methacrylic acid: ethyl acrylate= 1:1, BASF).
- The patch as set forth in claim 5, wherein the 20 (meth)acrylic acid copolymer is selected from the group consisting of (methacrylic Eudragit \mathbf{L} acid: methyl methacrylate= 1:1, Rohm Pharma Company), Eudragit (methacrylic acid: methyl methacrylate= 1:2, Rohm Pharma 25 Company), Eudragit L 100-55 (methacrylic acid: ethyl acrylate=

- 1:1, Rohm Pharma Company), and Kollicoat MAE (methacrylic acid: ethyl acrylate= 1:1, BASF).
- 9. The patch as set forth in claim 1, wherein the tooth whitening agent in the tooth-adhering layer is selected from the group consisting of hydrogen peroxide, carbamide peroxide, calcium peroxide, sodium percarbonate, sodium perborate and tetrasodium pyrophosphate peroxidate.
- 10. The patch as set forth in claim 1, further comprising a plasticizer which is selected from the group consisting of 10 propylene glycol, glycerol, triethylcitrate, sorbitol and polyethylene glycol.
- 11. The patch as set forth in claim 1, further comprising a peroxide-stabilizing agent which is selected from the group consisting of ethylenediaminetetraacetic acid (EDTA), citric acid, Dequest phosphonates, sorbitan monolaurate (SML), sorbitan monopalmitate (SMP), sorbitan stearate, solbitan monooleate (SMO), sorbitan oleate, sorbitan trioleate and POE sorbitan fatty acid ester surfactants.
- 12. The patch as set forth in claim 1, further comprising a condensed polyphosphate which is selected from the group consisting of sodium methaphosphate, potassium methaphosphate, sodium hexamethaphosphate, tetrasodium pyrophosphate, sodium acid pyrophosphate and sodium tripolyphosphate.
- 13. The patch as set forth in claim 1, wherein the tooth-25 adhering layer contains the erodible polymer complexes formed

by hydrogen bonding of 1-10% by weight of the polymer with the carboxyl group and 40-80% by weight of the polymer with the carbonyl group or ether group; and the erosion rate-controlling layer contains a mixture of 10-60% by weight of the hydrophilic polymer and 5-65% by weight of the film-forming polymer.

- 14. The patch as set forth in claim 1, wherein a thickness of the patch ranges from 50 μm to 300 μm .
- 15. The patch as set forth in claim 13, wherein the tooth-adhering layer has a thickness of 30 μm to 200 μm , and the erosion rate-controlling layer has a thickness of 20 μm to 100 μm .